

BBHS Wellbeing Mapping 2023

	WF Area	Programs	Overview	Allocation	Time frame	Resources	Responsibility	Cost	1	2	3	4
Year 7	Social Emotional	Wellbeing lessons	1 lesson for each class every fortnight in timetable with SSO	Year classes	1 X fortnight	Wellbeing Journal	SSO	\$0	Y	Y	Y	Y
	Social Emotional	Way ahead	Continuation of program with selected students from Sunshine Bay Primary School (48).	Groups of 15	1 X fortnight		Henri Rutherford M 0455 158 504 Henri.Rutherford@campbellpage.org.au	\$0	Y	Y	Y	Y
Year 8	Social Emotional	Wellbeing Lessons	1 lesson for each class every fortnight in timetable with SSO	Year classes	1 X fortnight	Wellbeing Journal	SSO	\$0	Y	Y	Y	Y
	Social Emotional	Raise Program	One-on-one mentoring program for up to 15 students. This runs for a 23-week period across terms two, three and the first few weeks of term four.	Groups X 15 boys		Room	Andrew Turvey - M 0416 251 911 andrew.turvey@together4youth.org.au			Y	Y	Y
	Social Emotional	Goodfellas	Enlighten Education's Goodfellas program equips boys with the skills to connect and build strong relationships, advocate for themselves and their peers and become a force for good in a more cohesive year group, reducing behavioral, conflict and engagement issues.	All Boys			Andrew Turvey - M 0416 251 911 andrew.turvey@together4youth.org.au					
	Social	Police Talks	Sexting/peer pressure/risky behaviour	All students	Once a term		Police - Donna Clark claridon@police.nsw.gov.au	\$	Y	Y		
Year 9	Cognitive	Coaching for Success	Campbell Page - All year. Selected Year 9 boys and girls	Selected group of 15	1 X fortnight		Tanya Borg M 0491 152 315 Tanya.Borg@campbellpage.org.au	\$0	Y	Y	Y	Y
	Social Emotional	Journey of Hope	Journey to Hope - Run by Save the Children - Teaching children to recognise and manage their emotions, which builds confidence, self-esteem, and 'I believe I can' attitudes.	Small groups of 15			Jaimie Petterwood - Phone: 0431 202 391 Email: jaimie.petterwood@savethechildren.org.au	\$0			Y	Y
	Social Emotional	Wellbeing Lessons	1 lesson for each class every fortnight in timetable with SSO	Year classes	1 X fortnight	Wellbeing Journal	SSO	\$0	Y	Y	Y	Y
	Emotional	Batyr	Our peer-to-peer voice and lived experience speakers are the core of our work and what sets us apart. Guided by trained facilitators, our programs center around real-life lived experiences of young people overcoming mental health challenges.	All students			Andrew Turvey - M 0416 251 911 andrew.turvey@together4youth.org.au					
	Social Emotional	Goodfellas	Through the delivery of an evidence based curriculum, Enlighten Educations's Goodfellas program equips boys with the skills to connect and build strong relationships, advocate for themselves and their peers and become a force for good in a more cohesive year group, reducing behavioural, conflict and engagement issues.	All boys			Andrew Turvey - M 0416 251 911 andrew.turvey@together4youth.org.au					
	Social	Police Talks	Sexting/peer pressure/risky behaviour	All students	Once a term		Police - Donna Clark claridon@police.nsw.gov.au	\$	Y	Y		
Year 10	Social Emotional	Lovebites	Respectful Relationships Education Program for young people aged 15-17 years. It consists of two interactive workshops: one on Relationship Violence, and one on Sex and Relationships, followed by creative workshops and community campaigns.	All students	Once a year	Pencils, Scissors, Glue	Love Bites - Samantha M 0439730997, Email sam.fsc@wdvcas.org	\$0			Y	
	Emotional	Batyr	Our peer-to-peer voice and lived experience speakers are the core of our work and what sets us apart. Guided by trained facilitators, our programs center around real-life lived experiences young people overcoming mental health challenges.	All students			Andrew Turvey - M 0416 251 911 andrew.turvey@together4youth.org.au					
	Social	Police Talks	Sexting/peer pressure/risky behaviour	All students	Once a term		Police Donna Clark claridon@police.nsw.gov.au	\$0	Y	Y		
Year 11	Social Cognitive Physical	Life Ready	Life Ready is a mandatory 25-hour course designed to prepare and support senior students as they encounter situations related to health and safety as they become more independent and gain more responsibilities. Students participate in workshops around topics such as: safe travel, relationships, drugs and alcohol, independence.	All students	Once a year for 1 week	Selected Resources	PDHPE Staff	\$0				
	Cognitive Emotional	Year 11 Study Skills	School led whole day program, aimed at increasing student awareness into stage 6 transition of schooling	All students	Once a year	Volunteers	School staff	\$0	Y			
	Physical Social	Year 11 Snow Trip	Pastoral program for year 11 students only	All students	Once a year	Risk assessment	AL1 / Cameron	\$950			Y	
	Social	White Ribbon	The Breaking the Silence Program complements our existing school curricula, giving teachers and students the opportunity to embed respectful relationships education in a way that is meaningful and sustainable	All students	Once a year	Photocopy resources	DET	\$0			Y	
	Emotional	Batyr	Our peer-to-peer voice and lived experience speakers are the core of our work and what sets us apart. Guided by trained facilitators, our programs center around real-life lived experiences	All students			Andrew Turvey - M 0416 251 911 andrew.turvey@together4youth.org.au					
Year 12	Social	White Ribbon	The Breaking the Silence Program complements our existing school curricula, giving teachers and students the opportunity to embed respectful relationships education in a way that is meaningful and sustainable.	All students	Once a year	Photocopy Resources	DET	\$0			Y	
	Emotional	Batyr	Our peer-to-peer voice and lived experience speakers are the core of our work and what sets us apart. Guided by trained facilitators, our programs center around real-life lived experiences	All students			Andrew Turvey - M 0416 251 911 andrew.turvey@together4youth.org.au					
All	Physical	Breakfast Club	Breakfast Club enables all students at school to enjoy a nutritious breakfast, allowing them to engage and participate fully in all the educational and social opportunities that school offers.	All students welcome	Tues - Fri Mornings	Supplies Volunteers	School staff		Y	Y	Y	Y
	Physical	PCYC Fit 4 Life	Fit For Life is an early intervention program designed to engage youth ages 10 to 17 who are at risk of poor choices and anti-social behaviour. Through physical fitness, nutrition and social engagement, Fit For Life aims to improve overall wellbeing as well as prevent and divert youth from offending behaviours.	All students welcome	Every Mon morning	MPC	Police Youth Liaison	\$0	Y	Y	Y	Y
	Social Emotional	R U OK?	R U OK? Day is our national day of action dedicated to reminding everyone that every day is the day to ask, 'are you OK?' and support those struggling with life's ups and downs.	All students	Once a year	Hot choc & awards	WC	\$300			Y	
	Spiritual Emotional	Aboriginal Learning Centre	Our school based ALC runs check ins with students, cultural programs through Red Dust and Stronger Sisters program, Health checks with local Indigenous Medical Service Katungal	F/T teacher & SLSO	Ongoing	ALC space & garden	ALC staff		Y	Y	Y	Y
	Emotional	RAGE	For return form suspension students from aggressive or violent incidents	Selected students	Ongoing		Campbell Page	\$0	Y	Y	Y	Y